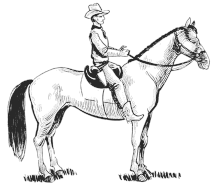




THE FROG



A dedication to O.C. Newman's sprightly bronco (so named for his wild leaps).

October 2025

NMH to Host October Lunch & Learn Featuring “Dirt Road Dietitian” Sheri Glazier

Newman Memorial Hospital (NMH) is excited to announce its upcoming October Lunch & Learn, featuring Sheri Glazier, MS, RDN, LD, the owner of Dirt Road Dietitian. The event will take place on Wednesday, October 30th at 12:00 PM in the Basement Conference Room at NMH in Shattuck, Oklahoma.

Glazier, known for her down-to-earth approach to nutrition, combines her expertise as a registered dietitian with her agricultural background to help individuals and families make realistic, sustainable choices for healthier living. Through Dirt Road Dietitian, she educates and empowers communities to find balance in food and wellness-without the overwhelm.

“This event is a wonderful opportunity for our staff and community members to learn from someone who truly understands both the science of nutrition and the values of rural living,” said Tom Vasko, NMH CEO. “Sheri’s practical approach to healthy eating resonates with our community and supports our mission of promoting better health and wellbeing for all.”

Attendees are invited to bring their lunch and join in for an informative and engaging session focused on nutrition, wellness, and real-world strategies for healthier living.

The Lunch & Learn series at NMH continues to serve as an opportunity for the hospital to connect with the community, share knowledge, and promote wellness in a welcoming, accessible way.

If you plan to attend, please RSVP how many attendants you have to Manda Wheeler at mwheeler@newmanmemorialhospital.org



Sheri Glazier, MS, RDN, LD



What's happening this month?

Mooreland:

Wendy Crotts Clinic opening date: October 2nd
Wendy Crotts: Grand Opening October 31st

Woodward:

Chamber of Commerce Lunch: October 14th, 12pm
Main Street Trick or Treat: October 30th, 5-7pm
Fall-A-Days: October 24th-26th
Jessica Jones, APRN joins Specialty Clinic- October 13th

Shattuck:

NMH Lunch & Learn: October 30th, 12pm
Main Street Trick or Treat: October 31st
Breast Cancer Awareness: \$95 mammos all month!
Townwide Garage Sale: October 3rd-5th
Brunch at NMH! Sunday, October 26th

Local care, Big Comfort.

When Kelli and Clint Seacat brought their son, Easton, in for his adenoid and tonsil surgery, they weren't sure what to expect. But from the very beginning, Dr. Orgill made the process easier with his calm, kind approach.

"Dr. Orgill was so nice with Easton and really helped put him at ease," Kelli shared. "He made the whole experience of getting adenoids and tonsils out so much less stressful for both of us. It was also such a relief not having to travel all the way to Oklahoma City for surgery-we could stay right here close to home."

Thanks to Dr. Orgill's expertise and compassion, the Seacat family's experience was a positive one, showing the difference it makes when high-quality care is available locally.



NEWMAN IN THE COMMUNITY



NMH Lab Director Jerson Penaflor provided hands-on instruction to the HP Tech Center's Pre-Clinical Drug testing class!



Wendy Crotts, APRN & NMH CEO, Tom Vasko spoke on local radio stations about Wendy's new clinic launch in Mooreland!



Supporting our community is always *par for the course* at NMH—we were proud to back The Woodward Chamber of Commerce and the Shattuck Education Foundation last month