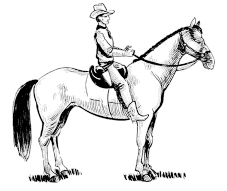




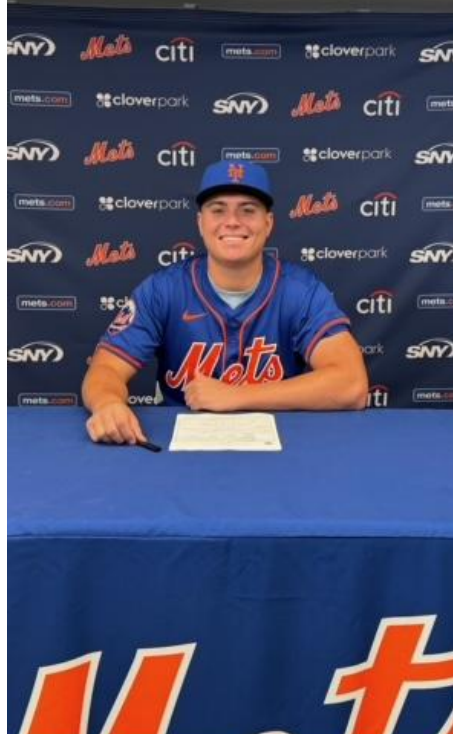
# THE FROG



*A dedication to O.C. Newman's sprightly bronco (so named for his wild leaps).*

## A Note From Your CEO

The past few months I've focused on the great things our community hospital is doing and the importance of healthcare in rural economics, but this month I want to point out some of the incredible things we don't exploit or celebrate enough. I'm often asked by our urban hospital partners and national colleagues on how we are gaining success against the grain. I think they expect some complicated quantitative response but the answer is simple. Our People. We as a rural community are not defined by our structural limitations but our commitment to the sustainment of our community and personal growth. Therefore, I'd like to focus on a few community stories this month to support this claim. Let me start by thanking Revive Salon in Shattuck and Fadeaway Barber Shop in Woodward for providing fresh haircuts for our community children for the first day of school. These types of quiet selfless acts drive community culture and impact a child's morale and confidence as they enter the classroom. It's more than a haircut. I hope we continue to support these businesses. It's definitely enough for me to travel to Woodward every few weeks for Cody to provide me with a haircut or as my son says...An "OG" Fade.



Resilience. Persistence. I see it every day in our community. One of my new found heroes is Brendan Girton. Brendan grew up in Gage and played baseball for Shattuck. He dreamed of playing Division One college baseball one day. The commitment of not only Brendan but his support structure over many years of obstacles, sacrifice, setbacks and late night drives home from the city would eventually turn his dream into reality. Brendan pitched for Texas Tech but finished his college career in his home state at OU. I can only imagine how proud he felt standing on the mound at OU for the first time. It wouldn't end there. Brendan was drafted into the Major Leagues this year by the NY Mets. The idea of a small town boy who dreamed big, that was part of only 0.5% of high school players to get drafted is a phenomenal achievement. 0.5%... I provided a few pictures of Brendan above from his early days in youth baseball to seeing his name on the back of a Major League jersey. Between these pictures is a long rewarding journey that I imagine fuels his commitment and defines his character. It's a clear message to our youth. Your dreams are 100% achievable. Good luck this year in your academics, athletics, music and arts. Brendan, congratulations and thank you for being the example for all us to follow and a role model for our youth. We're rooting for you!

- Tom Vasko, CEO

**ON STAGE WOODWARD**  
PRESENTS *The Addams Family*  
October 3rd-6th  
Woodward High School  
Tickets available at  
[www.onstagewoodward.com](http://www.onstagewoodward.com)




Don't miss your chance to meet the family that puts the 'fun' in dysfunctional! The Addams Family is coming to the stage at Woodward High School, bringing their wickedly funny antics to life in a show you won't soon forget!

Come out and support the talented cast from Shattuck:

Mason Stuart, Elise Stuart, Jaxson Anderson, Kara Salazar, Traci Rush, Chris Randall, and Summer Davis. And a special shout out to our very own Surgery Director, Brandon Wheelock!

### Happy Birthday to the following NMH employees!

Lynda Allen - Arnett, OK - Sept. 15  
 Kyle Birch - Laverne, OK - Sept. 18  
 Hannah Boyer - Arnett, OK - Sept. 2  
 Brian Clark - Woodward, OK - Sept. 15  
 Debbie Clark - Shattuck, OK - Sept. 7  
 Chelsea File - Fargo, OK - Sept. 29  
 Niki Foster - Woodward, OK - Sept. 22  
 Emily Liles - Arnett, OK - Sept. 12  
 Carla How - Shattuck, OK - Sept. 30  
 Clyndon Hutson - Shattuck, OK - Sept. 25  
 Mattaley King - Woodward, OK - Sept. 11  
 Amy Fulcher - Ashland, KS - Sept. 18  
 Yolanda Montoya - Woodward, OK - Sept. 2  
 Elizabeth Ocampo - Gage, Ok - Sept. 23  
 Ma Remy Tisha Penaflor - Shattuck, Ok- Sept. 17  
 Courtney Scott - Arnett, Ok - Sept. 29  
 Heather Sibley - Shattuck, Ok - Sept 21

### Local Generosity Fuels Meals on Wheels

Newman Memorial Hospital extends heartfelt gratitude to the Shattuck community and surrounding areas for the overwhelming support of our recent Meals on Wheels fundraiser. Thanks to the generosity of nearly 130 local residents, businesses, and organizations, \$2,662.00 was raised to support this vital program!

The dietary staff at NMH shared their enthusiasm for the fundraiser's success: "We're absolutely thrilled and humbled by the incredible turnout and generosity at our Meals on Wheels fundraiser! We were literally blown away by the number of people who came out to support the cause. Thank you to everyone who attended and contributed – your support means the world to us and to the community we serve!" Many thanks from Lianne Covalt, Shannon Thompson and Alnita Barnard.

The success of this fundraiser is a testament to the compassion and caring spirit of our community. Shattuck Meals on Wheels relies solely on local donations to provide essential meals and companionship to our homebound neighbors. By volunteering your time or making a financial contribution, you can help ensure that no one in our community goes hungry or feels isolated. To learn more about volunteering or donating, please contact Claudette Ehrlich at 580-938-2953.

### Employee Anniversaries

Lynda Allen ~ Accounting ~ Arnett ~ 09/06/2011  
 Mayra Estrada ~ RHC/LPN ~ Woodward ~ 09/30/2011  
 Chelsea File ~ Swing Bed ~ Fargo ~ 09/20/2022  
 Jessica McGuire-Jackson ~ Swing Bed ~ Woodward ~ 09/20/2022  
 Megan Morland ~ Interim CNO ~ Laverne~ 09/03/2017  
 Kendra Nichols ~ Med Surg/Nurse ~ Follett, TX ~ 09/15/2022  
 Yesenia Rojas ~ Swing Bed ~ Woodward ~ 09/12/2022  
 Shannon Thompson ~ Dietary ~ Shattuck ~ 09/20/2021  
 Thank you all for your dedication and hard work at Newman over the years!

### Senior Life Solutions Employee Spotlight!

Reba Finley is a dedicated therapist for the SLS program and a proud native of Arnett. She holds a Bachelor of Social Work (BSW) from Northwestern Oklahoma State University (NWOSU) and a Master of Social Work (MSW) from the University of Oklahoma (OU). Currently, she is a Licensed Master Social Worker under supervision. In her personal time, Reba enjoys crocheting and spending quality moments with her beloved dog, Fiona. She is passionate about working with the aging population and actively combats the stigma associated with mental health treatment in small towns.

### Meet Our Newest Employees

Newman Memorial Hospital would like to welcome our newest hires!

Lucila Alvarado - Woodward, OK - Swing Bed  
 Jessenia Avalos - Woodward, OK - Swing Bed  
 Lizbeth Avalos-Izquierdo - Fargo, OK - Swing Bed  
 Hannah Boyer - Arnett, OK - Swing Bed  
 Dexter Breshears - Woodward, OK - Swing Bed  
 Noelia Cruz - Woodward, OK - Swing Bed  
 Bianca Sanchez - Woodward, OK - Swing Bed  
 Tiffany Elliot - Arnett, OK - Housekeeping  
 Trysta Miller - Shattuck, OK - Business Office  
 Kyla Murlin - Woodward, OK - Business Office  
 Ashlan Thompson - Woodward, OK - Business Office  
 Ma Remy Tisha Penaflor - Shattuck, OK - Laboratory

