



Newman Memorial Hospital Gears Up for Free December Lunch & Learn

Newman Memorial Hospital will be hosting another wonderful **FREE** Lunch & Learn which is open to the community on Tuesday, December 19th, 2017 from 12:00 to 12:30 in the Basement Conference Room. Lunch will be provided in addition to our speaker, so please arrive a few minutes early in order to get your meal! The purpose of these lunches is to provide educational opportunities to boost the health, safety and quality of our community. Our speaker this month will be McKenzie Pshigoda. She will be giving a short presentation during the lunch and then will be available for questions.

Her presentation will center on the topic of being prepared and proactive when it comes to safety. She will be covering safety tips and preventative measures that can be taken to enhance your safety and the safety of others in the community, how to be a proactive parent and provide personal protection and safety education for your children as well as driver safety, digital defense and some simple self-defense tactics. Her presentation will be followed by a question and answer period. So come join us for a delicious free meal prepared by our hospital cafeteria staff and learn about how we can take a community approach to safety.....knowledge is power! If you would like to join us, please RSVP to Joey Burgtorf at 580-938-5529, email me jburtorf@newmanmemorialhospital.org or sign up on our Facebook page! We look forward to seeing you there.....and bring a friend!